From the College Acting Principal

A very big welcome back to all of you in the Yarra Hills school community. It has been a busy beginning to Term 4, and of course I write this as I start my new role as Acting College Principal whilst Darren Trippett enjoys a well-deserved Long Service Leave break for Term 4. I would also like to welcome Christina Shaw into my role as Mooroolbark Campus Principal. She is already doing a great job.

This term I have the pleasure of announcing another fantastic program that the school has been very fortunate to apply for and successfully be a part of for 2017 and beyond.

The University of Melbourne Network of School (UMNOS) program is designed to support and assist us with continuing to improve student outcomes and learning as well as provide further professional development for staff on effectively using data and instructional learning practises. As well it gives us access to the latest in educational research from leading academics from the University of Melbourne. The fantastic part of this program is that it means working within a network of likeminded schools so we will be able to share ideas and resources on best educational practice. This is a very prestigious program that many schools applied for and only a select few were fortunate to be part of for 2017.
If you are interested in reading further about this program you can look at the website:

**Year 7 Transition**

This term both campuses have begun their transition visits to our many feeder primary schools meeting and welcoming the 2017 year 7s to the college. We look forward to having another great cohort of students joining us for 2017. A very big thank you to the year 7 transition team for all their hard work in preparing transition information and meeting our newest students.

**Best of luck to our Year 12s**

I want to wish our year 12 students the very best of luck as they finish their formal classes next week. I spoke with them briefly at an assembly last week about the importance of reflecting on their schooling over these last weeks. It is a time to enjoy with friends and to take time to thank those that have had an impact on their lives whilst at Yarra Hills. I hope that their time at Yarra Hills has been a positive and something that will stay with them forever. For our VCE students I urge them to continue to work hard and focus on exams giving themselves the best opportunity to achieve success. We will be celebrating the end to their formal school with an Assembly on Monday 17 August, their final day celebrations and of course their Valedictory Dinner on Friday 18 November.

Greg Cowan
Acting College Principal

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**From the Acting Mooroolbark Campus Principal**

Monday October 17 is the last day of formal classes for our Year 12 students. The day will conclude with a whole campus farewell assembly. Students will then complete their revision for the external examinations to be held in coming weeks. On behalf of the school community I wish our year 12 students who have formal external exams all the best for the next few weeks. Remember the exams are about testing your knowledge of work that has been completed throughout the year – it is not about introducing new work. If you have completed class work throughout the year and you have used your revision time productively, then you should be able to cope with the exams. Classroom teachers will be available to students during this period and I strongly encourage students to make contact, and in particular, to keep bring revision examinations in for feedback. Remember your teachers still remain the best reference for you during the revision period and continue to use their expertise to help guide you prior to the final exams.

Parents are welcome to contact the school if they have any questions or are concerned about how their child is coping with what can be a stressful period. We look forward to talking with parents and other family members at the Valedictory Dinner in November.

I want to acknowledge our Year 12 staff, Pathways and the Senior School teams for their hard work during the year. As a new member of the team at Yarra Hills I have been impressed by the high level of dedication and care for each student that is shown by staff throughout the College.

We wish all exiting Year 12 students the very best as you embark on the next chapter of your life stories! Please keep in contact and let us know key events in that journey.

Christina Shaw
Acting Mooroolbark Campus Principal
From the Mt Evelyn Campus Principal

Welcome back everyone to Term 4 and with the weather a little better than Term 3, I feel it is going to be a busy and great term. Thank you to Rebecca Dunn and the management team for stepping up in my absence last term. From all accounts, it was an extremely busy but smooth finish to the term. My holiday to USA was amazing and I must admit a little hard returning to the routine of work; in saying this, I am glad to be back. I am hearing about all the fantastic events that occurred during my absence including the amazing Yarra Hills Community Art Show, the Grade 5 Exploration Days, the year 7 Holocaust Museum excursion as well as the two year 9 and 10 camps to Queensland and the High Country. Talk about finishing the term on a high! It is certainly a credit to everyone involved in each of these events. On other exciting news we congratulate Christine Steer who got married in the holidays!

Our campus continues to transform and improve in its physical surroundings. Over the holidays Mark and Rob (our Maintenance team) worked hard in painting new downball courts for students as well as organising more external brickwork to be painted within the school. Our famous Buckmaster mural also got an upgrade and is now looking very refreshed. Part of the refurbishment that occurred before our Yarra Hills Community Art Show was an upgrade of a large foyer area outside the back science room. This used to be a dark, uninviting area but thanks to the many parents and staff who joined in on our working bees last term, it has transformed into a wonderful space which we plan to use for students in the future.

Explorations day at Mt Evelyn campus from the reports of approximately 150 primary students was a resounding success. Over three productive days, students from Mt Evelyn, Birmingham and Wandin North Primary schools participated in many activities based around ‘Environment Week’. Excited students began their sessions with the ‘Everything is Awesome’ movie that depicted events the year 7’s have been involved in this year. This left students tapping their feet along to the music and itching to start their Secondary school experience.

Students were then divided into small groups and rotated through two classes. The first was a fantastic science class in which students learnt about the different parts of a plant. They watched an informative video and then were able to create their own Terrariums, planting beans. Students were given instructions on how to look after their Terrarium so they could replant these beans at home into their own gardens. It was great seeing their competitive side when we played plant bingo. The winner was able to claim bragging rights! Students then got up close and personal with our reptiles under the watchful eye of Chris Shimmen and Mel Hamilton.
Next was the recycling class where students played games and had discussions on recycling and decomposition. Students walked away understanding the responsibility we all have to protect our environment. There were so many laughs and fun whilst learning about our environment. All students were given plenty to take home to remind them of their day at Yarra Hills. After such an eventful day, students had a picnic and took the opportunity to ask both staff and ambassadors questions about the school and their experiences. It was very clear the students really enjoyed their day, learned a great deal about the environment and looking forward to starting their secondary school journey. Many thanks must go to Rebecca Dunn, Rachel Lynch and Nikky Waterson for organising this great event and to our fantastic Ambassadors for helping out on the day.

Why is it important to eat healthy?
Adolescence is the second fastest growth spurt your child will go through within their lifetime. So what is the fastest I hear you ask? Their first year of life. There is no other time in life where a child doubles their height and triples their weight. With adolescence being such a huge growth spurt for children, it is essential that nutrition is at its best to ensure optimum growth.

Sadly this is also the stage where students prefer foods which are high in fat, salt and sugar and will snack far more on these foods than the healthier options. There is a great deal of research that links these foods to poor attitudes, negative thinking, anger, anxiety and depression. Did you know that less than 1% of all Australian children eat enough vegetables each day?

The other concern is that some students don’t eat regularly and will skip meals including breakfast and for some lunch as well. This also has a huge impact on the human body by lowering blood sugar levels and reducing concentration levels. This in turn can play havoc on students’ emotions and decision-making, often causing poor decisions or lowering their tolerance and resilience when things don’t go according to plan.

There are also a number of students who regularly consume energy drinks with some relying on these drinks daily. Each can contains 3 – 5 times the amount of caffeine than a regular coffee. Caffeine as we know, is a stimulant and having this in such large quantities at a time when bodies are already growing can have detrimental effects on the body. This all needs to be addressed.

So what can you do as parents?
- Encourage your child to eat unprocessed foods such as fresh fruit and vegetables
- Limit the amount of high fat, high salt and high sugar foods or use these foods as a treat rather than the norm
- Reduce or eliminate energy drinks
- Encourage breakfast by starting small such as an orange juice
- Send your child with healthy lunch choices

Small steps in improving your child’s diet can have a huge impact over time in regard to their concentration levels at school as well as their learning ability. Their persona can also change by becoming calmer, more positive and generally happier kids. Eating healthy is important for so many more reasons that just being healthy. October 16 – 22 is National Nutrition Week so perhaps the time is now to change old habits.

Respectful Relationships Education in Schools
Respectful Relationships Education in Schools has been part of our curriculum now for over a year as we were one of the pilot schools to trial this program. This program stemmed from the many Government recommendations made into preventing violence in families. As a result, it will now be rolled out to all primary and secondary schools in 2017. We certainly feel very privileged that we have had this head start and already seeing the attitudinal change in students and staff towards this very important issue.

Last Monday I was fortunate to attend a forum and Q & A session about this great program with distinguished guests as Minister James Merlino, Minister Jenny Mikakos and Rosie Batty. It was inspiring listening to Rosie’s story and her journey since losing her son to family violence. The statistics she presented were frightening in regard to family violence where one in four children will experience violence and one in three adults experience violence from a partner. This is the reason why this program was introduced, so we can prevent this from happening by changing the attitudes of children to understand and accept gender equity. What was also interesting was that gender norms and stereotypes are entrenched in children by the time they are in kinder. We need to change this and challenge the victim blaming mentality that often goes on in our society. None of us want our daughters to be victims or our sons to be perpetrators. All violence begins with disrespect. It is for these reasons that this program is so important for our children in all schools. I am proud that Respect is one of our core values and we have this program not only as part of our curriculum but also as a whole school approach.

Robyn Dew
Campus Principal
Year 8 Basketball

Congratulations to our Year 8 Girls and Boys Basketball teams who participated in the Yarra Group Round Robin competition.

Our boys competed in the ‘A’ section and had some very stiff opposition in their pool. They played against Lilydale Heights number 1 team and beat them 26-20. Unfortunately they then came up against Lilydale High 1 and 2 and we lost both of those matches. Thankyou to Jordan Ginniff of year 11 who coached this team and did a great job.

Our girls had two teams. Our ‘A’ team competed in the ‘A’ section and our second team competed in the ‘B’ section. Our ‘A’ girls had a very similar draw to our boys team, in that we competed against the top two Lilydale High teams and Healesville. As with our boys team, they were beaten by the two Lilydale High teams, but defeated Healesville 33-12. A great effort from all the girls and thanks very much to Nathan Maxwell who coached the girls on the day.

Our girls ‘B’ team played a full round robin against four other schools. They unfortunately lost all of their matches, but their skill levels improved vastly by the completion of the tournament. Well done girls and great coaching by Ethan Blewett and Steve Green.

Year 9/10 Boys Basketball

We were very well represented in the Intermediate Boys Basketball Yarra Group competition. We had one team representing Yarra Hills in the ‘A’ section and two teams in the ‘B’ section.

Our ‘A’ team were beaten by Monbulk and Lilydale Heights and had a draw against Healesville. Our boys played all their matches with fierce determination and displayed some excellent skill levels. Once again, thanks to Jordan Ginniff for his great coaching efforts.

Our ‘B’ team won one match convincingly against Lilydale Heights, lost their second match to our ‘C’ team by one point and lost their third match against Emerald Secondary College. Their coach Dylan Smith ended up playing in all three games. Well done boys. You should be very proud of your efforts!

Our ‘C’ team had a great day. They won all three of their matches, which meant they ended up first in their pool in the ‘B’ section. They played off in the semi final against Monbulk and unfortunately lost in a very close match. This meant they were third overall in the ‘B’ competition. Well done on a fantastic day’s results boys. Thanks to Matt Young for his great coaching.

Virginia Stacey
Fit2Drive Program – Year 11

Fit2Drive program was on again on Thursday September 1. This is a really hands on and invaluable program targeting Year 11 students who are already learning to drive on their L plates and close to getting their Probationary Licence.

Carolyn Bryant
Year 11& 12 Coordinator

Year 9 & 10 OE High Country Camp

Year 9 and 10 High Country Camp turned out to be an action packed camp filled with memorable adventures, personal endurance and much laughter. The physically challenging experiences of mountain biking across Eildon, cross country skiing on Mount Stirling and horse riding at Merrijig pushed students from exhaustion to peak experiences!

Mr Derrick and Mrs Steer would like to thank the students who chose to enjoy a week outdoors camping in nature. The week was complimented by the awesome weather and by the presence of Mr Huisken with all his glamping accessories, including a hot shower!

Thank you Mr Huisken for your valuable contribution during the week.

Christine Steer
**Eastern Zone Athletics**

On Friday 7 October, 12 Yarra Hills Students competed in the eastern Zone Athletics Carnival at the Knox Athletics Track. Overall we had some very pleasing results in each of the age group events with 2 first placings, 7 seconds and 3 thirds on the day.

All of the students competed to the best of their ability and they tried their hardest to achieve a personal best result. Congratulations to Jasmine Rowe who came 1st in the Triple Jump and Brayden Woolridge who came first in the Javelin. Both Jasmine and Brayden will now compete in the State Athletics Finals on Monday 17 October. Keep training! We wish you well.

Murray McAllister

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**Jewish Holocaust Memorial Museum**

Morris Gleitzmann’s gripping and deeply moving novel *Once* tells the story of Felix, a Jewish boy who is hiding in a Catholic orphanage in Poland. It is a young adult novel that is engaging and moves readers regardless of age. The English KLA organised an excursion to the Elsternwick Jewish Holocaust Memorial Museum and on a rainy morning we made our way from Lilydale Train Station to Richmond and then onto Elsternwick.

A year ago I took a Year 11 History class to the museum and I was unsure how students at year seven would cope with the issues raised. Morris Gleitzmann, the Australian born son of two Polish Jewish Holocaust survivors is able to capture the horrors of World War 2 in a way that is clever. I was equally pleasantly surprised by the Museum’s handling of the issues for our students. In fact along with the way *Once* is studied, I was left feeling that students in year 7 is the best time to visit the museum.

What impressed me is how they began with asking students to reflect on what they knew about World War 2, the Holocaust and one thing they were grateful for about their own lives. Students were then split into three groups; where they engaged with the museum’s collection, visited a replica of Anne Frank’s House and reflected on what objects to quickly pack (Richard Crompton’s book one of Felix’s most treasured book was amongst them) and we were quizzed about false identity papers.

We then met a holocaust survivor who explained how her family tricked the Nazi’s and fellow Polish citizens by moving from Krakow to Warsaw and forging fake identity papers pretending to be Catholics. Her story was surprisingly similar to that of Felix in *Once*. Students were then invited to ask questions.

The museum were so moved by the commendable tone of our students that they asked for a volunteer to light a candle as a living memory of life in contrast to the attempted burning of an ethnic people. This is a ceremony normally reserved for senior students, but it seemed fitting to finish our visit this way. The Holocaust remains one of humanity’s most vile attempt of genocide and our students are extremely fortunate to meet a survivor and to make that rich human connection. This experience may not be available for many more years as survivors live now beyond human life expectancy.

Shane Hart
ASD Teen Social Group

When: Third Sunday of the Month
Time: 5:00pm - 8:30pm
Venue: Kilsyth Club: Canterbury Room
Address: Cnr Canterbury Rd and Colchester Rd Kilsyth
For enquiries please contact Erin Weegberg at Interchange Outer East on 9758 5522 or teenasd@oeo.org.au

If you are aged 13 - 18 years old (or still attending secondary school) come and join our teen social group. We meet on the third Sunday of the month. It is a great opportunity to eat out and meet new friends who have similar interests. This newly formed group is aimed to support ASD teens in social settings.

This group is for teens with high functioning autism (ASD). They will meet in a relaxed environment and will have the opportunity to practice their social skills in a friendly and supportive environment. It is also an opportunity for parents to meet, chat and obtain information. Parents/Careers must be in attendance and supervise their teen at all times. Dinner and drinks are at your own cost.

The teen’s group is run by 2 group leaders who are parents of ASD children. All group leaders have a Working with Children (WWC) police check. We look forward to meeting you and your teen.

YERING DISTRICT ARCHERS CHARITY FUNDRAISER

Come and try ARCHERY
SUNDAY 15TH OCT. 2016
LILYDALE AIRPORT
13 MACINTYRE LN. YERING VIC
TIME: 10AM-2PM
COST: $15 / HOUR
NO EXPERIENCE REQUIRED
ALL EQUIPMENT PROVIDED
FUN FOR THE WHOLE FAMILY
FOOD & DRINKS AVAILABLE FOR PURCHASE

Camelot Castle Medieval Village Fair
2609 Heathsville Koo Wee Rup Road, Yellingbo
23rd October 2016

Yellingbo CFA, together with Woori Yallock & District Community Bank, WYD & Woori Community House and Camelot Castle invite you to come along and enjoy a unique family-oriented experience in the iconic Camelot Castle’s gardens, including a children’s themed entertainment area and cottage industry market stalls.

Relax with medieval split roast rolls, hot potatoes or a devonshire tea.

Come along and meet the Knights of Camelot. Be entertained with the roaming Knights and experience the Medieval Art of “Friendly Violence battle” at High Noon by the Gippsland LARP.

Entry...gold coin donation - no ATM on site.

Disability access - please enquire for further information.

Free Family Entertainment: Punch & Judy show, be fascinated by our story tellers, have fun with bouncing castle & face painting. Enjoy medieval festivities and see displays by The Pyrd Inc. of weaving, wool spinning, armour/weapons display, leatherwork. View candels made by a chandelier from dipping pure beeswax the old way. Be sure to see Magni, an Icelandic horse, a living example of what the vikings had. Listen to the tunes of Roving Minstrels.

2605 Heathsville Koo Wee Rup Road, Yellingbo Melways Map 303 Ref F10
23rd October 2016 10am - 4pm

For more information:
Caplan Paul Service (Yellingbo) CFA 5929 513 513
Lindsay McLean (Camelot Castle) info@medievalcastle.net 0418 998 390
Find us on Facebook - Camelot Castle Medieval Village Fair

Family FUN DAY FUNDRAISER

EDGE MARTIAL ARTS CENTRE

Sunday 16 October 2016
10am-4pm
Yarra Hills Secondary College
Mount Evelyn Campus

• BBQ • Market Stalls • Entertainment
• Silent Auctions • Raffles • Crane Making
• Push-up Challenge • Special Guests
and so much more...

Everybody is welcome!

A fundraiser in support of Cure Brain Cancer Foundation

Supported by
COLLEGE CONCERT

The combined talents of our music students will be on display at the 2016 College Concert to be held on Monday 17 October, 7:30pm, Red Earth Theatre, at the Mooroolbark Community Centre.

Performances will be presented by the Senior and Intermediate Concert Bands, and our Year 7 musicians will be performing at their very first concert as the Junior Band. The Saxophone, Percussion and Woodwind ensembles will also be performing on the night, as well as our VCE Music Performance soloists.

Tickets are available at: trybooking.com/215051
Yarra Hills Secondary College
Parents and Friends Association
Inaugural Shopping Tour

When: 22nd October 2016
Cost: Adult - $52.00  Child under 16 - $26.00
Payment: Payment can be made:
   • In person at the either Campus General Office
   • By phoning the Campus General Office and paying with Credit Card or
   • Sending in the Credit Card cut-off below

Where: Meet at Mt Evelyn Campus 7.30am / Mooroolbark Campus 7.45am & Return 6.30pm.
Bring: Family/ Friends/ Neighbours/ Teachers/ Principals/ Teenagers
Note: The price also includes a 2-course meal at a Bistro. Please let us know if you need varied special dietary requirements!

Proposed places we will be going:
• Bambis - Homeware and giftware
• Natio - Cosmetics and gifts
• Bonds - Clothing
• Candy Stripes - Children’s designer wear
• Toy Network - Toys
• G & L Luggage - Luggage, passport holders, wallets, handbags, overnight bags
• Ross’ Nuts - Nuts, Lollies, dried fruit, Gluten Free, NZ/ English products
• Sports Direct - Sportswear, shoes
• Christmas Shop - All things ‘Christmas’
• Diana Ferrari - Shoes/boots and ladies clothing
• Linen Factory - Manchester
• Entertainment Town - Licensed gear – Holden, Ford, Music, Sports and gift-wear

If you need any more information please contact our PFA representatives:
• Sheryn Holloway: 0409143565
• Karen Dethomas: 0409009218

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YARRA HILLS SECONDARY COLLEGE
PFA SHOPPING TOUR - CREDIT CARD PAYMENT FORM

Name: ___________________________________________ Transaction Date: _______________ Phone: ____________

Being For: FFA Shopping Tour Number of People attending: ________ Amount: $ ___________

Special Dietary Requirements: YES / NO MT Evelyn Campus ☐ Mooroolbark Campus ☐

IF YES please list: _______________________________________________________

CARD DETAILS: Visa ☐ Mastercard ☐

Name of Cardholder (As appears on Card): _________________________ Expiry Date: ___ / ___ CCV: ________

Signature: _______________________________________________________________________

Card Number:

[Blank lines for card number]
Fresh North Queensland Mangoes
Direct from the farm to you!
Support our Yarra Hills SC Parents & Friends Association
Mango Fundraiser

If you love mangoes, here’s your chance to indulge in fresh juicy Kensington Pride mangoes and support our fundraising drive. We are selling trays of mangoes picked and packed during the premium harvest.

Cost per Tray is: $25.00
Packed in a single layer (approx. 7kgs of Mangoes per tray)
Place your order by: Friday 28 October
Expected delivery date for Mangoes is the week of: 21 – 25 November

For Further information contact:
Karen Dethomas
Email: rock_the_kazbah@hotmail.com
Phone: 0409 009 228

Please return your order forms (attached) and payment to the General Office of your campus.
CUSTOMER ORDER FORM

Corrick Plains Pty Ltd • ABN 21 685 452 996 • PO Box 28, Giru QLD 4809

Student Name: ................................................................. Form Group: ...... Campus: ..............................................

Parent Name: ................................................................... Phone Number: ..................................................

I will pick up Delivery in the week 21-25 November at (PLEASE TICK):  Mt Evelyn Campus ☐  Mooroolbark Campus ☐

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YARRA HILLS SECONDARY COLLEGE
Mango Fundraiser - CREDIT CARD PAYMENT FORM

Name: .............................................................. Transaction Date: ______________________ Phone: _________________

Being For: Mango Fundraiser   Number of Trays ($25.00 per tray): _________ Amount: $ ____________

CARD DETAILS:  Visa ☐  Mastercard ☐

Name of Cardholder (As appears on Card): __________________ Expiry Date: ____ / ____ CCV: ________

Signature: ______________________________________________________

Card Number:

[Credit card numbers]

*Please note that while every effort will be made to deliver your orders to your School/Club/Organisation on the preferred delivery date, however the occasional delivery may be delayed due to logistical difficulties beyond our control. Your coordinator will notify you of any changes.