College Principal’s Report

Dear Parents/Guardians,

Over the last fortnight I have again had the pleasure to view some of our talented and aspiring instrumental music students perform.

**Australian Youth Band Annual Concert**

On Sunday 23 August, I was invited to attend the Australian Youth Band Concert, held at the MLC Music Academy in the city. Our own Richard O’Toole is also the Director of the Australian Youth Band, with many of our own students represented in this prestigious group, as well as in the Junior Youth Band. This concert had a large selection of performances, including two numbers with the AYB Patron Rhonda Burchmore (below). Congratulations and well done to all of our students that were involved, as well as to Richard!
Music Marathon

Recently, many of our music students participated in our ‘Music Marathon’. This involved the students rehearsing for 30 hours, from Thursday morning until Friday afternoon. This event was a great opportunity for the group to continue to practice, get to know each other and enjoy a fun but challenging activity. I was pleased to be able to visit several times during the marathon and view the performances, as well as the ‘sleeping beauties’, as shown in the photos above!

Yarra Hills Art Show

Don’t forget our second annual ‘Yarra Hills Art Show’ from Thursday 10 to Sunday 13 September. This will be held at the Mt Evelyn Campus, involving a wide selection of work from celebrated local artists, as well as displays of student work from various year levels. I encourage you to come and visit and take a look at the fantastic work of our students, as well as that available in the local community.

Year 10, 11, 12 2016 Scholarship Program

I’m excited to be able to announce that soon we will be launching our new Year 10, 11, 12 Scholarship Program for 2016. This program will have very strict selection criteria, but will involve scholarships at each year level for academic, sporting, performing arts and visual arts excellence. These will be available to current and prospective students and further information will be released in the coming weeks!

Darren Trippett
College Principal

From the Mooroolbark Campus Principal

It is hard to believe that there is less than 2 weeks of term 3 to go! It will be a very busy time at the Mooroolbark Campus. You will notice that we have made a decision to have our newsletter published on Wednesdays from now on. It will still be sent to you all fortnightly as usual. We are hoping that this will be a much better day of the week to view, read and celebrate what is happening across the college.

I would like to make a quick mention of a couple of key events that have occurred over the last few weeks. The annual Music Marathon took place for all our music students college wide on Thursday August 27 and Friday August 28. Whilst the energy was certainly there on the Thursday evening, there were some very weary students the following morning! A big thank you to Richard O’Toole and all the staff and parents for their help over the event.

We continue to have success with our sporting teams, with more success on Friday August 28. Our teams continue to win!

On Thursday September 3, we had our year 7 & 8 Spelling Bee. This was a great event organised by Rebecca Fletcher, Taryn Brook and the english team to help celebrate Literacy Week. Congratulations to all the students who participated, and to the overall winner Nathan Zooeff of 7A.

Our year 8 & 9 students are well into the selection process for their electives for 2016. It is great to see students really thinking about their pathways. I hope there has been lots of discussion at home about pathways and picking appropriate subjects to work to their strengths and talents.

Parking – Cambridge Road

This is just a reminder to our parents who drop off and pick up from our gate/walk through onto Cambridge Road. We would ask that you do not stop and park in the driveway area near the bus-stop and crossing. We have had instances where parents are blocking driveways, pedestrian access into the school, access to the level crossing and along the Cambridge Road walkway. Please be mindful that this has been designed as a walkway from the school and for pedestrian access to the level crossing and beyond. The area is also the driveway access to the houses either side of the walkway. We are in the process of working with our near neighbours and the council and ensuring this area is better designed for pedestrian access. Parents are asked to arrange pick up in areas over the road or in nearby streets where access is not so limited.
Compass & Reports

You will receive a notice from your child regarding the Interim Reports now being accessed through Compass – Parent Portal online. The information regarding this is attached to this newsletter. If you have not been able to access the Parent Portal or you need further support, please make contact with our IT support staff.

Greg Cowan
Mooroolbark Campus Principal

From the Mt Evelyn Campus Principal

24-28 August was book week which is always a time to reflect on how priceless books can be in our lives. The stories and creative imagery that occurs in the many books students have read is just wonderful. Many students have a favourite story and all for so many different reasons. Rebecca Fletcher established some great activities for students throughout the week. We kicked off last week with a ‘dress up as your favourite character’ day where both students and staff dressed up. It was such a funny day. We had a parade at lunchtime to showcase the many costumes students had created. They were so imaginative and from so many different books; it was fantastic! The Never Ending Story was played in the Library while students enjoyed Milo and biscuits each day. They also shared their favourite picture book. Students had reading time in each of their core subject areas for the week.

Yarra Hills Spelling Bee

Last week we had a spelling bee and with the renewed interest in spelling, thanks to the current TV show; it was clear students were very serious in battling as to who was the best speller. We started with some very funny clips about spelling, which certainly relaxed our contestants. After some very fierce competition we had Sabrina Irvine Jones and Gaia Mitting as our finalists, but Natalie Creed was our eventual winner. Students then wanted to see a staff spelling battle so a few of us got up to be challenged by Rhys McMillan. Again after some very tricky words, Despina Filippidis was our staff winner. Congratulations to our winners! Thank you Rebecca Fletcher and Nick Cowan for organising these terrific activities.

Music Marathon

Last Thursday and Friday was the annual Music Marathon. This is not only a great opportunity for students to raise money for the music department but harness their skills by the many hours of practice they endure throughout the 30 hours. This marathon is very timely considering the College Concert was held on Monday night at the Mooroolbark Community Centre. Each year they simply get better and better. I called in on Thursday night to see the students and there was still much excitement about the marathon and staying in the Performing Arts Centre. Other staff called in last Friday morning and saw quite a different view with many very tired students after a night with little sleep. Congratulations to all the music students for their endurance as well as Richard and the music department (and Skye Cameron) for their organisation of this event.

Robyn Dew
Mt Evelyn Campus Principal
Teens and Sleep

Reduced academic performance and poor school grades may be symptoms of sleep deprivation. Sleep research indicates that adolescents need between nine and ten hours every night rather than the seven or eight (or less) that many get. Lack of sleep can cause fatigue, poor concentration and memory, mood disturbances, impaired judgement and reaction time, obesity and poor physical coordination. There are many factors contributing to teenagers getting inadequate sleep, some of these include the puberty hormonal shift, demanding after school commitments, distraction from electronic devices and television, light emitting electronic devises interfering with melatonin production and consequently sleep, and an over aroused brain as a result of inadequate sleep.

Some tips to increase sleep:

- Make Sunday night an early night in preparation for the week ahead
- Avoid stimulating activities at least an hour before bed (including phones and computers)
- Organise after school time so that relaxation and adequate sleep are possible, also manage over commitments
- Develop a relaxing bedtime routine and keep this routine going
- Avoid late nights at the weekend, they will undo the routine being developed
- Learn a relaxation technique or mindfulness and practice this daily
- Be active during daylight hours
- Problem-solve rather than lying awake worrying
- Avoid caffeine-containing drinks (coffee, tea, cola, energy drinks and chocolate) in the evening

Students are most welcome to talk to me about their individual sleep problems or other health concerns.

Leigh James
Adolescent Health Nurse
Yarra Hills Secondary College
Tuesdays and Thursdays

Another 2 Great Victories for 2015

On Friday 31 August the year 8 boys and girls both had victories in their table tennis competitions at the Kilsyth Stadium. The girls dominated their round robin matches and were clear winners on the day with the closest team (Lilydale Heights) going down 4 games to 2 when they met.

The Boys had a much tougher play off but defeated the Lilydale High School Team in a very close Grand Final match. At the end of the Singles matches the two teams were evenly matched at 2 games all but Yarra Hills held a slight point’s advantage 93 to 89. The doubles matches also were an even affair, but luckily for Yarra Hills the Boys won 3 games all 129 points to Lilydale 124. They will now progress to the Eastern Zone Competitions on Wednesday 21 October. The two table tennis victories now make it the 16th and 17th teams which have made it to the eastern zone finals for Yarra Hills during 2015. A tremendous effort by all of the students involved in our college sports program!

The year 8 boys A and boys B basketball teams also need to be congratulated on achieving their respective second and third placings in their recent competitions. Something which has been rarely achieved in past years. Well done!

Murray McAllister
# VCE Masterclass Program 2015
## Unit 3 & 4 Examination Preparation

In support of students studying Units 3 & 4 at Healesville High School, Lilydale Heights College, Lilydale High School, Mooroolbark College, Yarra Hills Secondary College, Upper Yarra Secondary College and Heathmont College a Masterclass program has been developed to assist students prepare and revise for their upcoming VCE Examinations.

### Thursday 10th September

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Presenter</th>
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</thead>
<tbody>
<tr>
<td>5.00pm-7.00pm</td>
<td>DRAMA</td>
<td>Melinda Murphy&lt;br&gt;Chief Assessor of the VCE Drama and Theatre Studies Performance Exams</td>
</tr>
</tbody>
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### Saturday 12th September

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Presenter</th>
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</thead>
<tbody>
<tr>
<td>10.00am-11.30am</td>
<td>ENGLISH</td>
<td>Ross Huggard&lt;br&gt;Experienced VCE teacher, Lecturer, Exam Assessor and Author</td>
</tr>
<tr>
<td>12.00pm-3.30pm</td>
<td>MEDIA</td>
<td>Jenna Grace&lt;br&gt;Experienced VCE teacher, member of both the ATOM (Aus Teachers of Media) board and Education Committee</td>
</tr>
<tr>
<td>4.00pm-5.30pm</td>
<td>LEGAL STUDIES</td>
<td>Jim Oullaris&lt;br&gt;Experienced VCE Legal Studies teacher and Textbook Author</td>
</tr>
</tbody>
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### Sunday 13th September

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Presenter</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.00am-1.30pm</td>
<td>PSYCHOLOGY</td>
<td>Ross Down&lt;br&gt;Experienced VCE teacher, Leader of Student Wellbeing</td>
</tr>
<tr>
<td>2.00pm-4.00pm</td>
<td>MATHS METHODS</td>
<td>David Innes&lt;br&gt;Experienced VCE teacher and Tutor</td>
</tr>
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### Tuesday 6th October

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Presenter</th>
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</thead>
<tbody>
<tr>
<td>4.00pm-7.00pm</td>
<td>P.E.</td>
<td>Robert Malpel&lt;br&gt;Highly regarded Author, Leader, previous State Chairperson and Exam Assessor</td>
</tr>
</tbody>
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### Thursday 8th October

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Presenter</th>
</tr>
</thead>
<tbody>
<tr>
<td>4.30pm-6.00pm</td>
<td>FOOD TECHNOLOGY</td>
<td>Lyn Baker&lt;br&gt;Experienced VCE teacher, Exam Assessor and State Reviewer</td>
</tr>
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### Saturday 10th October

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Presenter</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.30am-11.30am</td>
<td>HHD</td>
<td>Andrew Beaumont&lt;br&gt;Experienced VCE teacher, Assessor, Network Leader and Textbook Author</td>
</tr>
<tr>
<td>12.00pm-1.30pm</td>
<td>HISTORY</td>
<td>Dr Richard Malone&lt;br&gt;Experienced VCE teacher and Author</td>
</tr>
<tr>
<td>2.00pm-4.00pm</td>
<td>HISTORY</td>
<td>Dr Richard Malone&lt;br&gt;Experienced VCE teacher and Author</td>
</tr>
</tbody>
</table>

### Sunday 11th October

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Presenter</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.30am-9.30am</td>
<td>VCD</td>
<td>Kristen Guthris&lt;br&gt;Experienced VCE teacher and Textbook Author</td>
</tr>
<tr>
<td>10.00am-11.30am</td>
<td>BIOLOGY</td>
<td>Amanda Peters&lt;br&gt;Experienced VCE Biology teacher and Exam Assessor for over 10 years</td>
</tr>
<tr>
<td>12.00pm-2.00pm</td>
<td>BUS MAN</td>
<td>Julie Cain&lt;br&gt;Experienced VCE teacher, Author and Tutor</td>
</tr>
<tr>
<td>2.30pm-5.00pm</td>
<td>FURTHER MATHS</td>
<td>Jodie Tilley/Judy Patten/Christine Dell&lt;br&gt;Experienced VCE Further Maths teachers, Exam Assessors and Tutors</td>
</tr>
</tbody>
</table>

### Venue:
Lilydale Heights College – Performing Arts Centre<br>17 Nelson Road, Lilydale, 3140 *(PTO for map)*

### Bookings:
[www.trybooking.com/151339](http://www.trybooking.com/151339)<br>*Credit card payment is required at the time of booking, 30 cent booking fee applies*
Student Reporting: Compass

As part of our educational responsibility to our parents, guardians and students, regularly reporting on student progress is an integral part of the partnership we share. Each semester we provide you with two reports – an Interim Report and an end of semester report. In the past, these reports have always been printed and sent home. The College has now decided – commencing with this semester’s interim reporting cycle, that all student reports will now only be available to parents via our online management and administration system – Compass. Your child’s Semester 2 Interim Reports are now available for you to view on Compass.

As a result of this decision, all reports (interim and Semester) will no longer be printed and sent home to parents. In order to access your child’s reports on Compass, you will need to use your Compass Parent Portal Login details. These were issued to you last term with your child’s Semester 1 reports. Should you need the College to re-issue you with these details, please contact the school – either by directly emailing our IT Manager, Phil Wigley on wigley.philip@edumail.vic.gov.au (this will afford you the most timely response), or alternatively, contacting your campus office who will be able to log your request.

In order to download the Interim Reports, you will need to follow these simple instructions:

1. Go to your Compass App, or our Compass website: https://yarrahills.vic.jdf.com.au/
2. Login using your Parent Portal Login Details
3. Click on ‘View Academic Reports’.

4. Click on ‘2015 - Term 3 Interim’.

5. You will now be able to open or save the report.

The instructions provided for you here will be the same as those you will need to access the Semester 2 reports (for Year 7 – 11 students) which will be available at the end of the year.

Should you have any queries in relation to this please contact your campus office to discuss.
BOOK WEEK – what a week!

Book Week has gone for another year. Both campus libraries had plenty of activities going on. Lots of students enjoyed the lunchtime activities from dressing up as a favourite book character at the Mount Evelyn campus to “toasting marshmallows” around a virtual campfire at the Mooroolbark campus. There was lots of “book talk” conversations and the week was a great success! There were lots of winners too and CONGRATULATIONS to those students.

Here are the winners for BOOK OF THE YEAR 2015

- **Older Readers** – *The Protected* by Claire Zorn
- **Younger Readers** – *The Cleo Stories: the necklace and the present* by Libby Gleeson
- **Early Childhood** – *Go to Sleep, Jessie!* by Libby Gleeson
- **Picture Book** – *My Two Blankets* illustrated by Freya Blackwood
- **Information Book** – *A-Z of Convicts in Van Diemen’s Land* by Simon Barnard

May the books be with you...

Ms. Alison Hay
Teacher-Librarian
Year 7 Boys Table Tennis Victory

Congratulations to the year 7 boys table tennis team who won their Yarra Division completion on Friday 21 August. Their win makes them the 15th Yarra Hills sporting team to make it through to the Eastern Zone Competitions for 2015. The Eastern Zone round for these guys will be held on Friday 16 October.

The year 8 boys and girls badminton teams also had their Eastern Zone competitions on Friday 21 August at the Kilsyth Stadium. Both teams did extremely well by finishing 4th overall in their 8 team divisional matches. They were up against some of the far bigger schools in Glen Waverley, Balwyn, East Doncaster and Brentwood but they were very competitive and won a few of their matches before having their playoffs for 3rd & 4th.

Murray McAllister

Book Week

Monday 24 August -28
Mt Evelyn celebrated Book Week in style, with a dress up as your favourite book character and daily lunchtime activities. Students enjoyed milo and biscuits while reading; they watched The Never Ending Story and students shared their favourite picture book.

Rebecca Fletcher

WHO NEEDS SLEEP??

During the last week of August, our music students participated in a 30 hour Music Marathon at the Mooroolbark Campus Performing Arts Centre. Band rehearsals were the focus during the marathon, in preparation for the College Concert, and students played their musical instruments on a rotational basis for the full thirty hours - including overnight.

With many students staying up all night, we had some very sleepy musicians playing during the Friday morning band rehearsals. Congratulations to all students involved in this major fundraising initiative, and thank you to all parents who gave up some of their normal “sleep time” to assist with the overnight supervision.

Richard O’Toole
Instrumental Music Director
Positive Behaviour Support Workshop

For Parents and Carers of Children and Young Adults with Autism

(see eligibility criteria below)

Aspect Victoria is pleased to offer our highly successful, contemporary, evidence-based three (3) day Autism specific Positive Behaviour Support Workshop in Coldstream.

More than 2000 families have participated in Aspect’s Positive Behaviour Support workshops across Australia. Post workshop evaluations showed an effectiveness of the workshops, with participants reporting decreases in challenging behaviours and increases in confidence and capacity to support their children and young adults.

When: 24th – 26th November 2015
Where: Coldstream Community Centre – 12 Kelso St, Coldstream, VIC, 3770
Time: 9:30am-2:30pm (9:15am for registration)
Cost: FREE (Tea, coffee & biscuits provided – participants to bring own lunch)
Registration: Register via the “Events & Workshops” section of our website www.autismspectrum.org.au

You may search for this specific workshop location by entering the location into the ‘Search Keyword’ field.

Eligibility to participate in this Workshop:
» Parents or carers of children and young adults aged between 6 - 25 years, diagnosed with Autism
» The individual with autism must be living at home
» Participating families are encouraged to invite professionals or service providers working with them to attend the workshop

Families participating in this workshop will:
» Develop an understanding of autism and how autism impacts upon learning and behaviour
» Learn how to be proactive by creating an autism friendly environment at home
» Learn how to write an autism specific behaviour support plan for one of their child’s behaviours
» Learn how to write a plan to respond confidently when challenging behaviour occurs
» Learn how to teach new skills to promote their child’s independence and quality of life

Enquiries:
Workshop enquiries: Contact Amber Day Administration – Phone: 03 9377 6600 or email: aday@autismspectrum.org.au
Significant barriers to attending a workshop: Contact Heather Kirkhope - Service Coordinator 9377 6600

What participants say about Aspect Positive Behaviour Support Workshops:

“Brilliant information and concrete strategies to use, thank you. I have learnt very important self-reflection, being able to step back and really look at and examine behaviour, so valuable. I really value the focus on being positive and improving my child’s, my own and my family’s quality of life. Great workshop – I will highly recommend it to others.”

“Fantastic presentation. Very interactive, affirming & capacity building. Ideas not just discussed but taught how to follow through on. Best information session on Autism I have been to. So much clarity about getting to the core behaviour, unpeeling the onion. Enjoyed all the visuals. Thank you so much.”
Mt Evelyn Fire Brigade
Annual Garage Sale 2015
Saturday 10th October

Toys
Bric-a-Brac
Books
Small electrical
Plants
Gardening
Small whitegoods
Working flat screen TV's
Small items of furniture e.g. coffee tables etc.

PLEASE NOTE: We are unable to accept large furniture, mattresses, box televisions, clothing and shoes. Goods must be reasable Items.

Major Raffle, BBQ and much, much more!

Where: Mt Evelyn Fire Station
York Road Mt Evelyn.
When: 7:00am till 3:00pm

Please donate your unwanted goods to support your local CFA and community.

The Mount Evelyn Fire Brigade is run by volunteers. Your donation helps the brigade to purchase new equipment to assist in protecting the community.

Who's in Charge?

Does your child hurt, intimidate or abuse you?
Do you feel you are losing control?
Want to better handle conflict?

The Who's in Charge? group is a 7-week program for parents or carers of young people (8 to 15) who are beyond control, violent or defiant.

The group aims to:
- Provide a supportive environment to share experiences and ideas
- Reduce the guilt and shame which many parents feel
- Offer ideas to help you develop individual strategies for managing your child's behaviour
- Explore ways of increasing safety and wellbeing
- Help you feel more in control and less stressed

When: Wednesdays 21st October to 23rd December 2015
Time: 12.00pm – 2.30pm Enrolment essential
Where: EV’s Youth Centre 212 Mt Dandenong Rd, Croydon
Cost: Free of charge

Enquiries & Enrolments contact Lea on 9724 222 (Connections) or Fiona on 9801 6088 (headspace)
Further info on violence to parents: www.eddiesgallagher.id.au

Yarra Hills Community
art Show
10-13 September 2015
Opening Night: Friday 11 September 7pm
Thursday & Friday: 9am–3pm
Saturday 10am–4pm  Sunday 10am–3pm
Yarra Hills Secondary College
Mt Evelyn Campus
Burdap Drive  Mount Evelyn 3796
9736 3650

#fridays@headspace

12-25 year olds
2pm-5pm
Movies, games and snacks!

Come hang with us every Friday arvo

Call Rima Kalajian on 9801 6088
or email rima.kalajian@headspaceknox.com.au

We look forward to seeing you there

Location: headspace Knox, Westfield Knox Centre
Shop 3027, 2 Capital City Blvd
Wentworth South
ABSENCES

THANK YOU
To all those parents/guardians who regularly inform the school when their child is absent, it is greatly appreciated.

A REMINDER
It is a Department requirement that the school is informed of any student absences due to either illness/medical or personal reasons.

MOOROOLBARK CAMPUS Please leave a phone message on our Designated Absence line – 9839 8899 or email nye.kym.k@edumail.vic.gov.au (Wed, Thurs, Fri) or rogers.deborah.a@edumail.vic.gov.au (Mon & Tues)

MT EVELYN CAMPUS Please call or leave a phone message on 9736 3650 or email kuipers.heather.h@edumail.vic.gov.au

Notification would be appreciated prior to 9.00am each morning of the student's absence. If it is not possible to phone or email, a note the following day handed in directly to the office or the Homegroup teacher.

Any prior knowledge of a student's absence due to extended holidays or medical leave should be handed in writing to either office administration staff or the homegroup teacher.

It is a Department requirement that VCE students absent during an Exam, Gat or SAC are to produce a medical certificate for those days.